

July 27, 2016

Dear Sleep-Deprived Parents,

Bless your hearts, we know right where you are right now. Luckily, you are reading this because you've found Marly! That basically means that life, especially at night, is about to get a whole lot easier for you. I found Marly while desperately searching through newsfeed after newsfeed on Facebook during one of the eight times I was up at night with my refluxy, milk-intolerant, colicky 3-month-old. She came very highly recommended on a forum I trust and I decided to run the idea by my husband who was sleeping soundly next to me, of course.

Our issue was not so much crib-transitioning, swaddle-transitioning, establishing a routine or even getting her down without eating first. We struggled with our little one deciding it was time to play almost every hour all night long! I called Marly and explained the situation. She quickly came to our rescue, devised a plan and put said-plan into motion!

From the minute I met Nanny Marly, I felt such a calm around her and an immediate trust. She showed us her letters of reference and sat with us before she ever began working with us to make sure we were at ease. I began calling her "Nanny Ninja" because she would come in at night, usually around ten o'clock, dressed in dark colors to blend into my daughter's dark room, chat with us a bit and then head upstairs where she cared for our baby from ten at night until six in the morning, when she would quietly leave.

She worked with our daughter on stretching her sleep cycles out so that her waking wasn't as frequent and more restful for everyone. She would change her diaper, if needed, hold her while she ate and then watch over her to make sure she was okay throughout the night so my husband and I could catch up on much-needed sleep.

More than anything, the sleep needed by parents of little ones is invaluable! I don't know if there is anything better than going to bed at night knowing your baby is taken care of by someone with amazing credentials and experience and that you have a full night's sleep promised that lies ahead. I wouldn't only recommend Marly; I would endorse her for president! She is so kind, so gentle, so comforting, so knowledgeable, and the best part is, she absolutely LOVES what she does. Her love for babies and nannying radiates through her smile every time you see her. I don't know what more you could ask for when searching for someone to help you and your family! As I write this, I miss her terribly!

This will be the best decision you've made to-date as a parent!

Cordially,

Lindsey R.