Reference letter for Marly Driskell

To Whom it May Concern:

It is my pleasure to write to you in enthusiastic support of Marly Driskell, for a position as a night nanny. Marly started working for us in November 2015 as a night nanny for my son who was 4.5 months old and was still waking up in the middle of the night to nurse and/or be comforted out of habit. Marly first assessed the situation and determined that he was indeed still hungry, but also woke up out of habit. I also had a 2.5-year-old son that slept right next door to the baby, so prolonged, loud crying was not an option. Over the course of two months, Marly achieved the following goals: She weaned the baby from requiring 4 oz over the course of the night to no milk from 6:30/7pm-7:00 am (after a 9:30 pm dreamfeed), weaned his pacifier, weaned swaddling, and most importantly taught him how to self soothe and comfort himself back to sleep in the middle of the night if he woke up. He slept from 6:30/7pm-7am, with a dreamfeed, after 1-month of Marly working with us! The second month of her working with us were little adjustments here and there to ensure him sleeping 7pm-7am without any hiccups.

Before meeting Marly in person, I had a long phone conversation with her that put me at ease right away. Being a second time mom, I knew from conversing with her that she was very experienced and had the expertise to help me solve this problem. Throughout our time together, Marly continued to put me at ease by having strategy sessions and progress discussions about the baby's nights. She was always very willing and open to have these conversations with me, even if it extended beyond her contracted hours. Marly has great intuition with infants, and every night that she worked with us, I was always looking forward to a good night's rest. She was flexible, patient, and all around wonderful to have around. If we had another baby, I would definitely hire Marly again as our night nanny. Without a doubt, I give Marly my highest recommendation.

Kathleen C., MD