## REFERENCE LETTER FOR MARLY DRISKELL

As a single mom with two month old twin boys and a nine year old daughter, I found that I was overwhelmed, exhausted and in desperate need of sleep. I knew that I needed help at night. A friend of mine recommended Marly. She said she was a great Newborn Care Specialist and would be able to sleep train the boys.

After meeting Marly, I knew that she was the only person I wanted to work with my boys. Her resume is very impressive and her professionalism was exemplary. I hired her on the spot! She came back five hours later and has been with us seven nights a week for the last four months. She has made herself available to us on holidays also. When we had a big family reunion in Navasota over Easter weekend, she came up and took care of the boys at night. This was very helpful and such a calming force to myself and the boys who were over stimulated from all the people, travel, and new surroundings.

I frequently travel to the West Coast for work and have a team of child care professionals that I can rely on. Marly quickly became the lead, guiding the others with tips, techniques, and schedules so that babies may have an easier time at night and start sleeping through the night. I felt comfortable scheduling my business trips knowing that my children would be well taken care of while I'm not at home.

Marly always leads by example. She has all the bottles washed and prepped, the diaper genie emptied, and has the clean diapers and other items ready for the next team member. She also leaves detailed notes on the Baby Connect app that we all use so that all the team members can be on the same page. Often, she was the one we all first consulted as the boys grew and their needs changed.

After working with the boys for the last four months, they have progressed from not being swaddled and eating every two hours to being swaddled and sleeping 11-12 hours every night. Marly has taught them how to self soothe in the middle of the night. One of my sons wakes up every night just to chat for about thirty minutes. He then puts himself back to sleep when he is ready. The boys awake very happy in the mornings because of getting such great night's sleep.

Marly has been a life saver! I truly don't know how I will survive without her after her contract ends next month and she leaves us for a new family. I have come to rely on her and enjoy the friendship that has developed between us, as well as, the relationship she has with my children and family members.

Please do not hesitate to contact me if you have further questions regarding Marly.

Dr. R. F.