



MARLY HUDANISH

MASTER NEWBORN CARE SPECIALIST | NEWBORN SLEEP CONSULTANT

PROFILE

To give expert overnight care for newborns by providing an environment that helps promote babies' safe and healthy sleep habits and empowering the parents to be their best on their new journey.

SKILLS

Master Newborn Care Specialist

- High order premature newborns
- Formulate a sleep schedule
- Formulate individualized feeding techniques
- Experience with preemies needing cardio-respiratory monitor and oxygen

Newborn Consultant

- Sleep conditioning consultant using gentle methods
- Develop a pro-active plan for each baby that includes sleeping and feeding schedules.
- Consult with parents regarding:
 - nursery recommendations promoting good, safe, and healthy sleep habits
 - swaddling techniques
 - other newborn tips
- Provide an extensive baby products checklist

ACHIEVEMENTS

International Nanny Association (INA)

- INA Credentialed Nanny 2014
- INA Nanny of the Year 2015
- INA Credentialed Newborn Care Specialist 2019

CACHE Certified NCS 2019

CONTACT ME

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EXPERIENCE SUMMARY

Master Newborn Care Specialist

May 2015 to present

- Experience with preemies and micro-preemies
- Experience with singletons as well as multiples - twins through quintuplets
- Individualized plans for feeding techniques and sleep schedules

Newborn Consultant

May 2015 to present

- Newborn sleep consultations
- Preparing new parents and babies for success
- Building parents' confidence with their newborn and beyond

Professional Nanny

1993 to 2017

EDUCATIONAL TRAINING

Master Newborn Care Specialist

Newborn Care Solutions

- Three Year Training Process
- Science-based newborn care training
- Sleep conditioning for newborns
- Best practices for newborn care
- Completed pre-requisites including fundamental, advanced, and elite training modules

Additional Training

- National COVID-Ready Caregiver
- Advanced Care and Sleep for Multiples
- New Parent Educator Training
- American Red Cross Child and Baby First Aid/CPR/AED
- Sleepwonders, Integrative Sleep Consultant Course

**Additional Training Information Available Upon Request*

MEDIA

[CNN Business - June 2019](#)

[Ask the Nanny Interview - October 2020](#)

[Care.com - October 2018](#)

[Whole Mother Show - June 2024](#)

**Click above links to view, read or listen*

